An Accident

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I seldom go cycling because I am not good at cycling. Last weekend, my cousin Jamie and I went cycling in Tung Chung Park.

There was a toy on the cycle lane. I did not see it and fell on the ground. I hurt my arm and knee. I felt scared. I said, "Oh... no! I hurt my knee!"



Jamie came. "I call 999 now!" said Jamie. The ambulance came. I said to Jamie, "Thank You!" We went to the hospital. The nurse helped me. I learnt that I should wear a helmet and knee pads when I go cycling.